



DETAILS FOR THE MAKING THINGS INTERESTING THERAPEUTIC ART ACTIVITY:

Benefits of this Arts Activity: Participants will gain more self-confidence and independence as they work on their art in this social setting. They will have access to guidance and advice from an experienced professional artist. This program can also be used with adults with varying levels of cognitive abilities and it's therapeutic.

- **Choices of Medium:** Colored Pencil, Acrylic Paint, & Watercolors.
- **Materials provided:** Watercolor paper, Canvases, Multimedia paper, Palettes, Water containers, Standard & Colored Pencils, Acrylic Paint, Watercolors, Table covers, Brushes, Light boards, Aprons, Easels, References, Classical music, Etc.
- **Creating Process:** Participants choose an image as well as their preferred medium to create their art. Light boards are used to transfer their image to paper when using colored pencils and watercolors and we use transfer paper for canvases. They will use their photo reference from this point on to finish their art. They have the option to work multiple sessions until they are satisfied with their work.
- 10 participant **limit** per class so that each person gets attention.
- **Class time** will run for 1 hour. Time needed for set up and break down would be around a half an hour before and after the class.
- **Price:** All-inclusive \$150 per class.



Some of the images that participants get to choose from.



Light boxes are then used to transfer their chosen image.



The final step of participants coloring in their unique Artwork.
(Artists from Rio Las Palmas, 5 Star Living)

MTI PROGRAM Schedule Availability

Feel free to contact me so that we can coordinate our schedules so
that residents can start this great program!

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To view some of my artistic creations
[Making Things Interesting](#) (click to view website)